effective study skills

UNLOCK YOUR POTENTIAL



GERALDINE PRICE AND PAT MAIER

Effective study skills

Effective Study Skills

Table of Contents

\sim	_		_	
(,	()	v	H	ľ

Effective study skills

Contents

Foreword

How to use this book

Learning in Higher Education

1 Manage yourself

Managing your stress

Managing your time

2 Improve your work

Making notes

How to get the most out of lectures

Working in a real team

Presenting your work

Excelling in exams

3 Optimise your reading

Reading efficiently

Finding your way around text

Reading critically

Managing your reading

4 Develop your writing

Taking control of the writing process

Understanding academic integrity: plagiarism



Table of Contents

Making the most of your tutors feedback Index

