



# THE MENTORING MANUAL

SECOND EDITION



YOUR  
STEP-BY-STEP  
GUIDE TO  
BEING  
A BETTER  
MENTOR

**JULIE STARR**



Free downloads  
included

## Praise for other books by Julie Starr

### ***The Coaching Manual 2010*, Pearson Education**

Widely recognised as a leading practical handbook on coaching, *The Coaching Manual* combines an understanding of coaching principles, skills, attitudes and behaviours, along with practical guidance and a comprehensive toolkit for coaches.

*The Coaching Manual* demystifies the full coaching process, from first step to final meeting. This is the complete guide to coaching and includes models, perspectives, skills, case studies, tips and advice.

Praise for *The Coaching Manual* includes:

**‘Many authors claim that their books coach the coach about the process for how to coach, Julie Starr’s *The Coaching Manual* actually delivers! It’s practical, comprehensive, and eminently readable. For anyone entering the field – start here.’**

**L. Michael Hall, PhD, author and  
developer of *Meta-Coaching***

**‘No one has brought to life the nuts and bolts as well as the spirit of masterful coaching better than Julie Starr. *The Coaching Manual* is the definitive resource for aspiring as well as seasoned coaches looking to further refine their approach!’**

**Marshall Goldsmith, 1 *New York Times* bestselling  
author of *What Got You Here Won’t Get  
You There*, and 7 other titles**

**‘*The Coaching Manual* is the most comprehensive, practical, best-illustrated coaching source I have ever seen. It compellingly teaches the mindset of keeping the responsibility on the coach combined with a powerful, realistic skill set.’**

**The late Dr Stephen R. Covey, author of  
*The 7 Habits of Highly Effective People***

# **The Mentoring Manual**

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