

The secrets of success in
coaching

12 ways to excel
as a coach

Mick Cope

The secrets of success in coaching

Secrets of Success in Coaching ebook

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Introduction

Creating the perfect coach/client relationship

Set the scene

Always work in three dimensions

Look at what people do, not what they say

Ask the killer question So what is stopping
you?

Learn to push the pause button

If the client doesnt know what good looks like,
how will they know when they are there?

There is only one coaching style the one that
works best for the client

Listen and look for whats not being said

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If you do what youve always done you will
get what youve always got!

Good coaches help people change great coaches
help the change stick

Look back and learn

And finally...

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