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A Short Guide to Writing about Literature Sylvan Barnet William E. Cain Twelfth Edition

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WRITING ABOUT LITERATURE: AN OVERVIEW

person's sense of guilt for initial sexual experiences. Before we reject a work because it seems either too close to us ("I'm a man and I don't like the depiction of this man"), or on the other hand too far from our experience ("I'm not a woman, so how can I enjoy reading about these women?"), we should try to follow the advice of Virginia Woolf (1882–1941), who said, "Do not dictate to your author; try to become him." Nevertheless, some literary works of the past may today seem intolerable, at least in part. There are passages in Mark Twain's Adventures of Huckleberry Finn (1884), where African-Americans are stereotyped or called derogatory names, that deeply upset us today. We should, however, try to reconstruct the cultural assumptions of the age in which the work was written. If we do so, we may find that if in some ways it reflected its historical era, in other ways it challenged it.

Reader-response criticism, then, says that the "meaning" of a work is not merely something put into the work by the writer; the "meaning" is an interpretation created or constructed or produced by the reader as well as the writer. Stanley Fish, an exponent of reader-response theory, in *Is There a Text in This Class?* (1980), puts it this way: "Interpretation is not the art of construing but of constructing. Interpreters do not decode poems; they make them" (327).

But does every reader see his or her individual image in each literary work? Even *Hamlet*, a play that has generated an enormous range of interpretation, is universally seen as a tragedy, a play that deals with painful realities. If someone were to tell us that *Hamlet* is a comedy, and that the end, with a pile of corpses, is especially funny, we would not say, "Oh, well, we all see things in our own way." Rather, we would conclude that this person has misunderstood the play.

Many people who subscribe to one version or another of a readerresponse theory would agree that they are concerned not with all readers but with what they call *informed readers* or *competent readers*. Informed or competent readers are familiar with the conventions of literature. They understand that in a play such as *Hamlet* the characters usually speak in verse. Such readers, then, do not express amazement that Hamlet often speaks metrically, and that he sometimes uses rhyme. These readers understand that verse is the normal language for most of the characters in the play, and therefore such readers do not characterize Hamlet as a poet. Informed, competent readers, in short, know the rules of the game.

There will still be plenty of room for differences of interpretation. Some people will find Hamlet not at all blameworthy; others will find him somewhat blameworthy; still others may find him highly blameworthy. In short, we can say that a writer works against a background that is *shared* by readers. As readers, we are familiar with various kinds of literature, and we read or see *Hamlet* as a particular kind of literary work, a tragedy, a play that evokes (in Shakespeare's words) "woe or wonder" (*Hamlet* 5.2.370), sadness and astonishment. Knowing (to a large degree) how we ought to respond, our responses are not merely private.

Archetypal (or Myth) Criticism

Carl G. Jung (1875–1961), the Swiss psychiatrist, in Contributions to Analytical Psychology (1928), postulates the existence of a "collective unconscious," an inheritance in our brains consisting of "countless typical experiences [such as birth, escape from danger, selection of a mate] of our ancestors." Few people today believe in an inherited "collective unconscious," but many people agree that certain repeated experiences, such as going to sleep and hours later awakening, or the perception of the setting and the rising sun, or of the annual death and rebirth of vegetation, manifest themselves in dreams, myths, and literature—in these instances, as stories of apparent death and rebirth. This **archetypal** plot of death and rebirth is said to be evident in Samuel Taylor Coleridge's The Rime of the Ancient Mariner (1798), for example. The ship suffers a deathlike calm and then is miraculously restored to motion, and, in a sort of parallel rebirth, the mariner moves from spiritual death to renewed perception of the holiness of life. Another archetypal plot is the Quest, which usually involves the testing and initiation of a hero, and thus essentially represents the movement from innocence to experience. In addition to archetypal plots there are archetypal characters; an archetype is any recurring unit. Among archetypal characters are the Scapegoat (as in Shirley Jackson's "The Lottery"), the Hero (savior, deliverer), the Terrible Mother (witch, stepmother—even the wolf "grandmother" in the tale of Little Red Riding Hood), and the Wise Old Man (father figure, magician).

Because, the theory holds, both writer and reader share unconscious memories, the tale an author tells (derived from the collective unconscious) may strangely move the reader, speaking to his or her collective unconscious. As the British scholar Maud Bodkin puts it, in *Archetypal Patterns in Poetry* (1934), something within us "leaps in response to the effective presentation in poetry of an ancient theme" (4). But this emphasis on ancient (or repeated) themes has made archetypal criticism vulnerable

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to the charge that it is reductive. The critic looks for certain characters or patterns of action and values the work if the motifs are there, meanwhile overlooking what is unique, subtle, distinctive, and truly interesting about the work. That is, a work is regarded as good if it closely resembles other works, with the usual motifs and characters. A second weakness in some archetypal criticism is that in the search for the deepest meaning of a work the critic may crudely impose a pattern, seeing (for instance) the Quest in every walk down the street.

If archetypal criticism sometimes seems far-fetched, it is nevertheless true that one of its strengths is that it invites us to use comparisons, and comparing is often an excellent way to see not only what a work shares with other works but what is distinctive in the work. The most successful practitioner of archetypal criticism was Northrop Frye (1912–91), whose numerous books help readers to see fascinating connections between works. For Frye's explicit comments about archetypal criticism, as well as for examples of such criticism in action, see especially his *Anatomy of Criticism* (1957) and *The Educated Imagination* (1964).

Historical Criticism

Historical criticism studies a work within its historical context. Thus, a student of *Julius Caesar*, *Hamlet*, or *Macbeth*—plays in which ghosts appear—may try to find out about Elizabethan attitudes toward ghosts. We may find that the Elizabethans took ghosts more seriously than we do, or, on the other hand, we may find that ghosts were explained in various ways, for instance, sometimes as figments of the imagination and sometimes as shapes taken by the devil to mislead the virtuous. Similarly, a historical essay concerned with Othello may be devoted to Elizabethan attitudes toward Moors, or to Elizabethan ideas of love, or, for that matter, to Elizabethan ideas of a daughter's obligations toward her father's wishes concerning her suitor. The historical critic assumes (and one can hardly dispute the assumption) that writers, however individualistic, are shaped by the particular social contexts in which they live. The goal of historical criticism is to understand how people in the past thought and felt. It assumes that such understanding can enrich our understanding of a particular work. The assumption is, however, disputable, because one may argue that the artist may not have shared the age's view on this or that. All of the half dozen or so Moors in Elizabethan plays other than Othello are villainous or foolish, but this evidence does not prove that therefore Othello is villainous or foolish.

Marxist Criticism

One form of historical criticism is **Marxist criticism**, named for Karl Marx (1818–83). Actually, to say "one form" is misleading because Marxist criticism today is varied, but essentially it sees history primarily as a struggle between socioeconomic classes, and it sees literature (and everything else) as the product of economic forces of the period.

For Marxists, economics is the "base" or "infrastructure"; on this base rests a "superstructure" of ideology (law, politics, philosophy, religion, and the arts, including literature), reflecting the interests of the dominant class. Thus, literature is a material product, produced—like bread or Barbie dolls—to be consumed in a given society. Marxist critics are concerned with Shakespeare's plays as part of a market economy—with show business, the economics of the theater, including payments to authors and actors, and revenue from audiences.

Few critics would disagree that works of art in some measure reflect the age that produced them, but most contemporary Marxist critics go further. First, they assert—in a repudiation of what has been called "vulgar' Marxist theory"—that the deepest historical meaning of a literary work is to be found in what it does *not* say, what its ideology does not permit it to express. Second, Marxists take seriously Marx's famous comment that "the philosophers have only *interpreted* the world in various ways; the point is to *change* it." The critic's job is to change the world by revealing the economic basis of the arts.

Not surprisingly, most Marxists are skeptical of such concepts as "genius" and "masterpiece." These concepts, they say, are part of the bourgeois myth that idealizes the individual and detaches it from its economic context.

For an introduction to Marxist criticism, see Terry Eagleton, *Marxism and Literary Criticism* (1976).

New Historicism

A recent school of scholarship, called the **New Historicism**, insists that there is no "history" in the sense of a narrative of indisputable past events. Rather, the New Historicism holds that there is only our version—our narrative, our representation—of the past. In this view, each age projects its own preconceptions on the past; historians may think they are revealing the past but they are revealing only their own historical situation and their personal preferences. For example, in the nineteenth century and in

the twentieth almost up to 1992, Columbus was represented as the heroic benefactor of humankind who discovered the New World. But even while plans were being made to celebrate the five-hundredth anniversary of his first voyage across the Atlantic, voices were raised in protest: Columbus did not "discover" a New World; after all, the indigenous people knew where they were, and it was Columbus who was lost, since he thought he was in India. In short, people who wrote history in, say, 1900 projected onto the past their current views (colonialism was a good thing), and people who in 1992 wrote history projected onto that same period a very different set of views (colonialism was a bad thing).

Similarly, ancient Greece, once celebrated by historians as the source of democracy and rational thinking, is now more often regarded as a society that was built on slavery and on the oppression of women. And the Renaissance, once glorified as an age of enlightened thought, is now often seen as an age that tyrannized women, enslaved colonial people, and enslaved itself with its belief in witchcraft and astrology. Thinking about these changing views, one feels the truth of the witticism that the only thing more uncertain than the future is the past.

On the New Historicism, see H. Aram Veeser, ed., *The New Historicism* (1989) and *The New Historicism Reader* (1994).

Biographical Criticism

One kind of historical research is *biography*, which for our purposes includes not only biographies but also autobiographies, diaries, journals, letters, and so on. What experiences did Mark Twain undergo? Are some of the apparently sensational aspects of *Adventures of Huckleberry Finn* in fact close to events that Twain experienced? If so, is he a "realist"? If not, is he writing in the tradition of the "tall tale"?

The really good biographies not only tell us about the life of the author but enable us to return to the literary texts with a deeper understanding of how they came to be what they are. If, for example, you read Alfred Habegger's biography of Emily Dickinson (2001), you will find a wealth of material concerning her family and the world she moved in—for instance, the religious ideas that were part of her upbringing.

Biographical study may illuminate even the work of a living author. If you are writing about the poetry of Adrienne Rich, you may want to consider what she has told us in many essays about her life, in *On Lies, Secrets, and Silence* (1979) and *Blood, Bread, and Poetry* (1986), especially about her relations with her father and her husband.

Psychological (or Psychoanalytic) Criticism

One form that biographical study may take is **psychological** or **psycho-analytic criticism**, which usually examines the author and the author's writings in the framework of Freudian psychology. A central doctrine of Sigmund Freud (1856–1939) is the Oedipus complex, the view that all males (Freud seems not to have made his mind up about females) unconsciously wish to displace their fathers and to sleep with their mothers. According to Freud, hatred for the father and love of the mother, normally repressed, may appear disguised in dreams. Works of art, like dreams, are disguised versions of repressed wishes.

In *Hamlet and Oedipus* (1949) Ernest Jones, amplifying some comments by Freud, argued that Hamlet delays killing Claudius because Claudius (who has killed Hamlet's father and married Hamlet's mother) has done exactly what Hamlet himself wants to do. For Hamlet to kill Claudius, then, would be to kill himself.

If this approach interests you, take a look at Norman N. Holland's *Psychoanalysis and Shakespeare* (1966) or Frederick Crews's study of Hawthorne, *The Sins of the Fathers* (1966). Crews finds in Hawthorne's work evidence of unresolved Oedipal conflicts, and he accounts for the appeal of the fictions thus: The stories "rest on fantasy, but on the shared fantasy of mankind, and this makes for a more penetrating fiction than would any illusionistic slice of life" (263). For applications to other authors, consider Simon O. Lesser's *Fiction and the Unconscious* (1957) or an anthology of criticism, *Literature and Psychoanalysis* (1983), ed. Edith Kurzweil and William Phillips.

Psychological criticism can also turn from the author and the work to the reader, seeking to explain why we, as readers, respond in certain ways. Why, for example, is *Hamlet* so widely popular? A Freudian answer is that it is universal because it deals with a universal (Oedipal) impulse. One can, however, ask whether it appeals as strongly to women as to men (again, Freud was unsure about the Oedipus complex in women) and, if so, why it appeals to them. Or, more generally, one can ask if males and females read in the same way.

Gender (Feminist, and Lesbian and Gay) Criticism

This last question brings us to **gender criticism.** As we have seen, writing about literature usually seeks to answer questions. Historical criticism, for instance, tries to answer such questions as "What did Shakespeare and his