



IP COMMUNICATIONS

# Understanding Session Border Controllers

Comprehensive Guide to Designing, Deploying,  
Troubleshooting, and Maintaining  
Cisco Unified Border Element (CUBE) Solutions

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## Media Processing

IP networks form the foundation for exchanging voice and video packets. There has to be a set of rules and procedures to provide an overarching framework for transmission of real-time media information between participants in a communication session. Real-Time Transport Protocol (RTP) was developed for precisely this reason, and it has seen overwhelming acceptance across the industry. RTP and many of its extensions have been built and standardized over many years to fit a myriad of different situations.

SBCs are devices that have operations defined in both the media and signaling planes, with the ability to transform signaling and media and to strongly influence session characteristics. Over the years, SBCs have been developed and installed in real-time multimedia networks to “fix” some of the inherent interoperability challenges seen when attempting to establish multimedia sessions across network boundaries.

This chapter talks about the various media plane operations that are performed by SBCs and also discusses certain considerations that need to be taken into account with media handling by SBCs.

This chapter includes the following sections:

- **Real-Time Transport Protocol**—This section provides an introduction to Real-Time Transport Protocol (RTP) and explains how RTP packets are formatted.
- **Real-Time Transport Control Protocol**—This section covers Real-Time Transport Control Protocol (RTCP) as a peer protocol to RTP and discusses various RTCP packet types.
- **SBC Handling of RTP and RTCP**—This section discusses how SBCs handle RTP and RTCP traffic, as well as the different considerations that arise when SBCs manipulate RTP and RTCP packets.

- **Symmetric and Asymmetric RTP/RTCP**—This section covers the symmetric and asymmetric properties of RTP.
- **DSP-Based RTP Handling on SBCs**—This section covers the various RTP/RTCP manipulation operations that can be carried out by digital signal processors (DSPs).
- **Media Anti-tromboning**—This section covers how media loops are created on SBCs and discusses techniques for mitigating such media loops.
- **Alternate Network Address Types**—This section covers how SBCs can work with multiple address types (IPv4 and IPv6) when setting up a communication session.
- **Solving NAT Traversal Challenges**—This chapter covers the basics of Network Address Translation (NAT), the problems NAT introduces in real-time media transmission, and some of techniques that can help overcome these problems.
- **Troubleshooting RTP**—This section includes diagnostic commands, debugging snippets, and a general methodology for troubleshooting media-related issues on SBCs, using CUBE as an example.

By the end of this chapter, you will have a thorough understanding of RTP and RTCP, how SBCs handle and modify RTP and RTCP traffic, and a general approach for troubleshooting RTP issues on SBCs.

## Real-Time Transport Protocol

Real-Time Transport Protocol (RTP), originally defined in RFC 1889 and superseded by RFC 3550, provides a framework for the end-to-end transport of voice and video. RTP typically operates over UDP/IP and provides built-in loss detection, receiver feedback, source identification, important event indications, and sequencing. RTP has a peer protocol, Real-Time Control Protocol (RTCP), that provides media reception feedback for the related RTP stream. RTCP is discussed in further detail in the following section.

Central to the operation of RTP is the concept of an RTP session. An RTP *session* is a group of participants interacting over RTP, such that a given participant may be a part of several different RTP sessions at the same time. For example, a pair of endpoints could have both an audio RTP session and a video RTP session active between them. An RTP session is identified by the combination of a network address and port pair on which traffic is sent and received. Different ports may be used for RTP and RTCP for each session.

An RTP session can be either unicast (one-to-one communication between a pair of participants) or multicast (one-to-many communication to participants). Before exploring various other topics discussed in this and subsequent chapters, it is important to first take a close look at the RTP packet format.

RTP Packet Format

An RTP packet consists of two parts: an RTP header and an RTP payload (with optional padding). Figure 5-1 shows the RTP packet format.

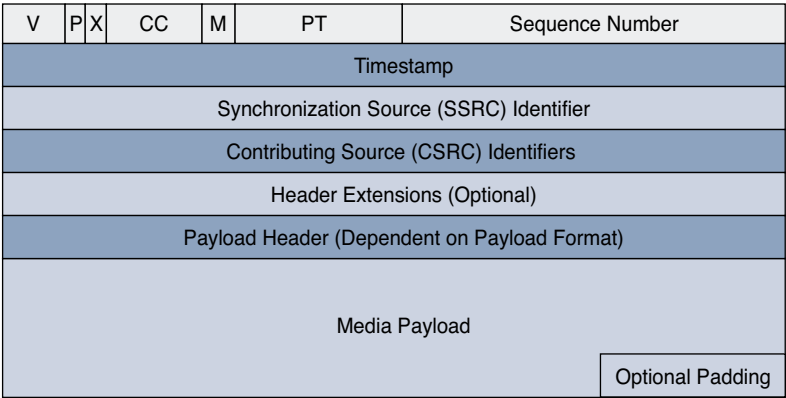


Figure 5-1 RTP Packet Format

Descriptions of the various fields appearing in the RTP header are listed:

- **Version (V)**—This header field specifies the RTP version in use. The current version at the time of this publication is 2.
- **Padding (P)**—This single-bit header field, when set to 1, indicates that there are additional octets appended to the RTP payload. These additional octets are not a part of the payload and are primarily inserted to ensure that certain encryption algorithms always work on fixed-size blocks of data.
- **Extension (X)**—This single-bit field indicates the presence of an RTP header extension. RTP header extensions are required to carry additional media session information that cannot be encoded within the standard RTP headers or payload. Typical examples of this include the RTP header extensions for audio level information of RTP samples, as defined in RFC 6464. Although header extensions are not commonly implemented, it is important for the specification to have such accommodation for these rare cases.
- **CSRC count (CC)**—This field identifies the number of CSRC identifiers that follow the fixed header field. CSRCs are explained further later in this section.
- **Marker bit (M)**—This header field is used to designate important events during the media session. For example, the marker bit might designate the start of a new DTMF event. This usage can be observed when using named telephony events for DTMF transmission. (See Chapter 7, “DTMF Interworking,” for more details.) Yet another usage of the M field is when the payload format changes during a media session. For example, a media session might negotiate G.711 as the audio codec and begin transmission of RTP packets back and forth. Sometime during the course of the communication session, an application interaction might cause the audio codec to change